Occupational Health & Safety

Workplace Safety & Legal Compliance

Create a safe, productive, and positive work environment. Learn workplace hazard identification, risk assessment, safety protocols, emergency preparedness, and legal compliance.

4h 30m
Duration

Certificate
Upon Completion



Course Overview

Essential workplace safety and health training

Comprehensive Safety Training Programme

Our comprehensive Occupational Health & Safety training programme equips participants with essential knowledge and practical skills to create safer workplaces. This course covers workplace hazard identification, risk assessment, safety protocols, emergency preparedness, and legal compliance requirements.

> You will learn strategies for promoting a positive safety culture, understanding current health and safety regulations, implementing effective safety management systems, and developing measures to prevent accidents and injuries. The training emphasises practical application through real-world scenarios and case studies.

The Reality of Workplace Safety in South Africa

200,000+	R60bn+	85%
Annual workplace injuries	Annual cost to economy	Are preventable

Source: Department of Labour & Compensation Commissioner

Why This Training Matters

The Occupational Health and Safety Act requires employers to provide safe working conditions and adequate training. Non-compliance can result in

Key Benefits

- Prevent workplace accidents and injuries
- Ensure legal compliance and avoid penalties
- Create a positive safety culture

criminal charges, hefty fines, and business closure.

This training is essential for creating a safe, productive work environment that protects your most valuable asset – your people. It demonstrates due diligence, ensures legal compliance, and promotes a culture of safety and responsibility.

- ✓ Reduce insurance costs and liability
- ✓ Improve employee morale and productivity

Course Content

Comprehensive curriculum covering all essential OHS areas

1 Introduction to Safety in the Workplace

- Unsafe acts
- Participants in the prevention of accidents
- Steps in safety training
- Preventing future accidents
- Loss control

2 Identify Potential Hazards

- Statutory requirements
- Identify potential hazards
- Protective clothing
- Safeguarding machinery and equipment

3 Limit Damage to Person's Property

- Fire prevention and fire protection
- Emergency procedure

4 Safety Procedures

- Role of management
- Basic safety rules
- Loss control programme
- Incidents

What You Will Learn

Comprehensive safety knowledge and practical skills

Hazard Identification
Learn to identify and assess workplace hazards effectively

Risk Assessment
Understand risk assessment methodologies and implementation

Safety Protocols
Develop and implement effective safety procedures

Emergency Preparedness
Plan and prepare for workplace emergencies

Legal Compliance
Understand OHS legislation and compliance requirements

Incident Management
Handle workplace incidents and near-misses effectively

Safety Culture
Promote a positive safety culture in your organisation

Management Systems
Implement and maintain OHS management systems

Duration

4 hours 30 minutes

Delivery

Classroom/Online/Blended

Access Period

12 Months

Ready to Create a Safer Workplace?

Invest in your team's safety and your organisation's success with comprehensive OHS training.

Book This Course

Get More Information

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